

HULST JEPSEN PHYSICAL THERAPY

# JUNE 2025 NEWSLETTER



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# **CLINIC UPGRADE!**





### Our Jenison clinic recently

completed a renovation 😂 They added 216 square feet of gym space and relocated their front desk and clinician office space! We cannot wait for you to stop by to see our new space 🖓

#### **MENTAL HEALTH AWARENESS MONTH**

# The Effects of Exercise on Mental Health

NEW BLOG by Lindsay Gockenbach, DPT

Lindsay Gockenbach, DPT, shares how aerobic and resistance training techniques can help reduce both anxiety and depression 💙

## **READ BLOG**



## **JOIN OUR GROWING TEAM!**



Medical Insurance & HSA • 401(k) Holiday Pay • Parental Leave Employee Assistance Program APTA/MPTA Dues Reimbursement PTO • Tuition Reimbursement Competitive Wages • Annual Raises Unlimited Continued Ed • & More!

## hjphysicaltherapy.com/careers

We're hiring physical therapists! Positions available in Greenville, Rockford, Grand Haven, Zeeland, and Grand Rapids!

CAREERS

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