

HULST JEPSEN
PHYSICAL THERAPY

MAY 2025 NEWSLETTER

All clinics will be closed Monday, May 26 for Memorial Day.



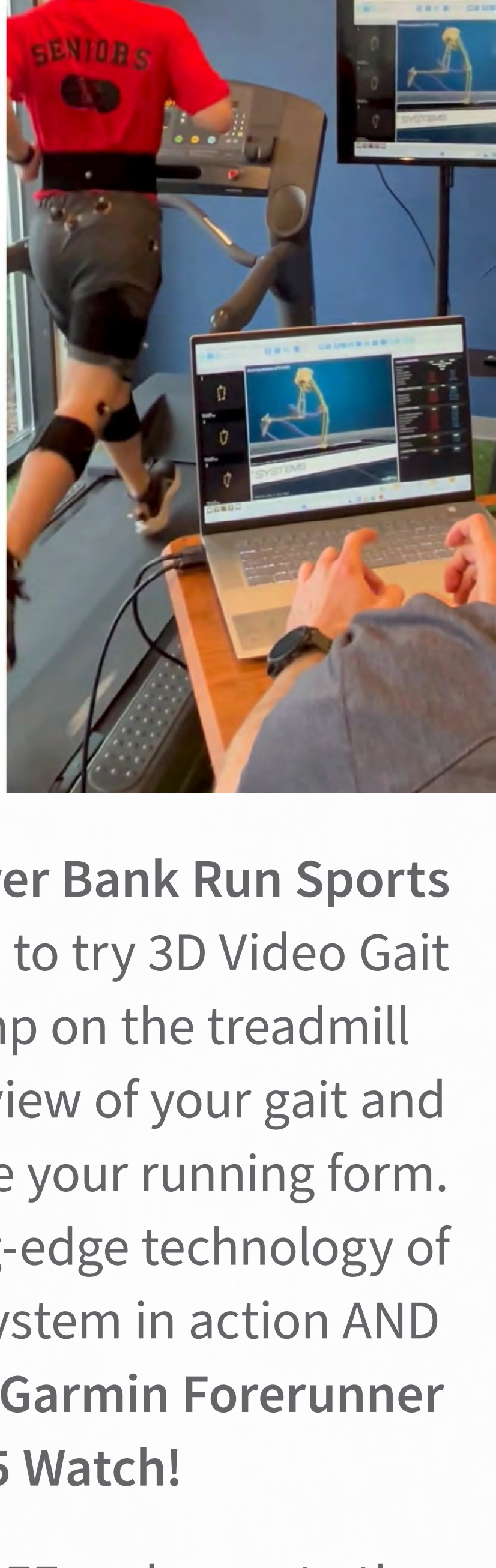
**Amway
RIVER BANK RUN**

**2025 SPORTS &
FITNESS EXPO**

**FRIDAY, MAY 9
11 AM - 8 PM**

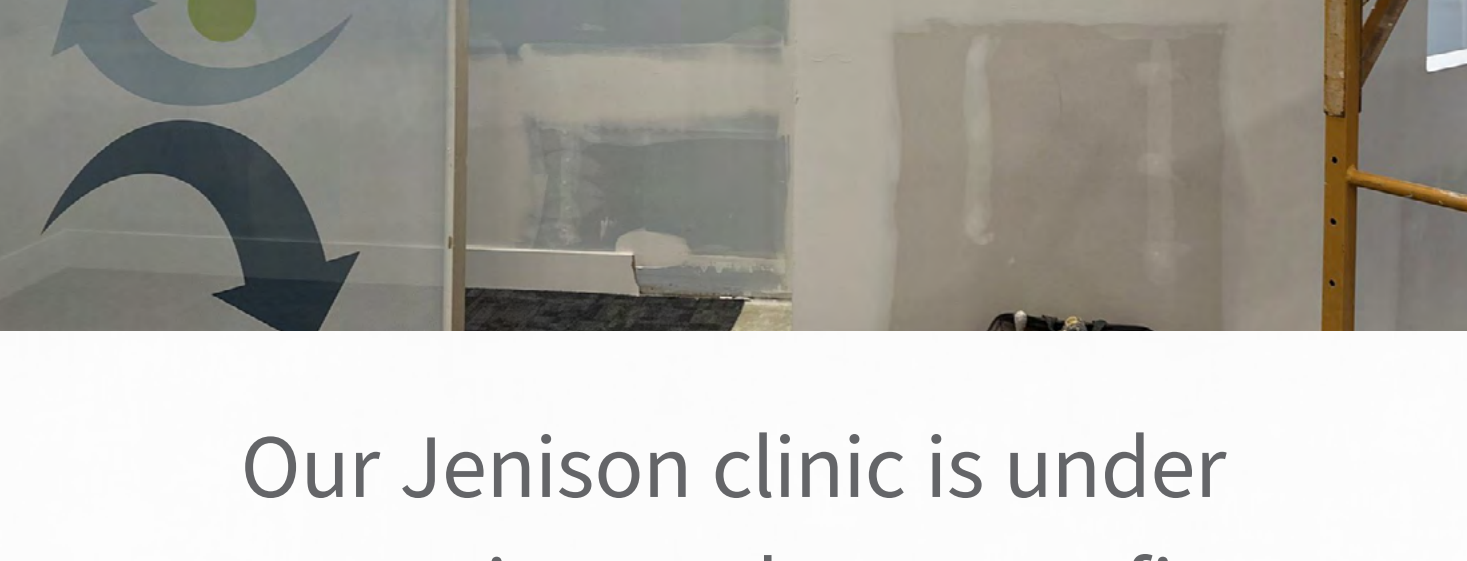
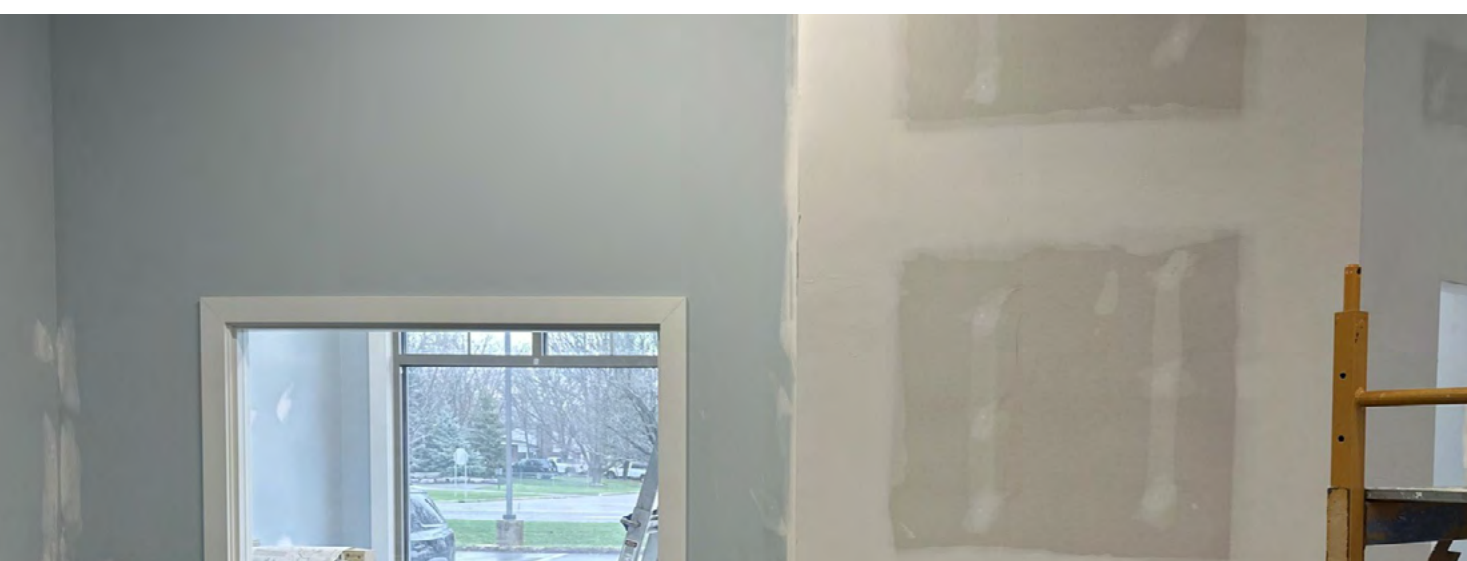
**DEVOS PLACE
GRAND RAPIDS, MI**

**STOP BY BOOTH #24
TO EXPERIENCE
3D GAIT ANALYSIS**



Stop by the River Bank Run Sports & Fitness Expo to try 3D Video Gait Analysis! Jump on the treadmill for a FREE preview of your gait and how to improve your running form. See the cutting-edge technology of our RunDNA System in action AND enter to win a Garmin Forerunner 165 Watch!

The expo is FREE and open to the public! Friday, May 9th at Devos Place, Grand Rapids: 11 am - 8 pm.

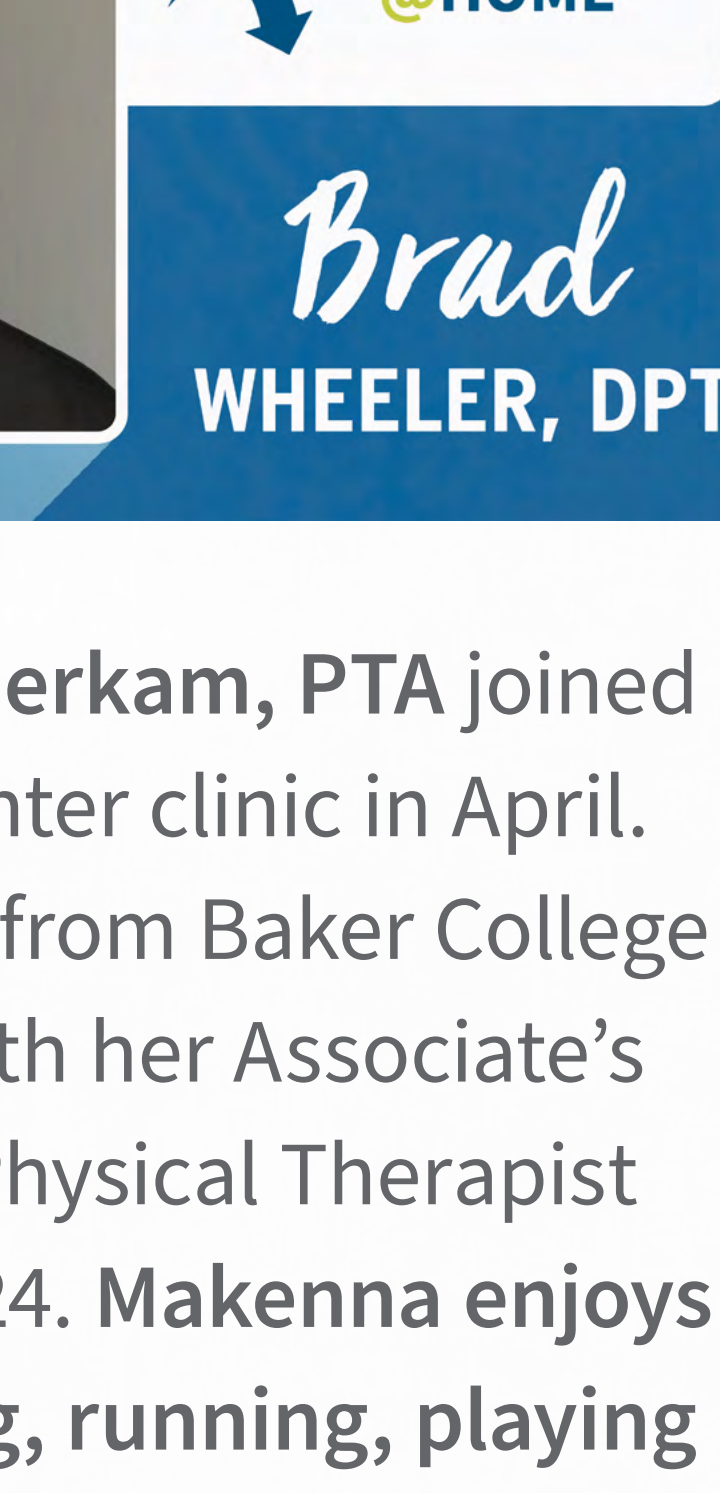


Our Jenison clinic is under construction as they reconfigure their front desk and clinician office space! Construction has been moving right along and is expected to be completed next week. We are thankful to remain open during this process!

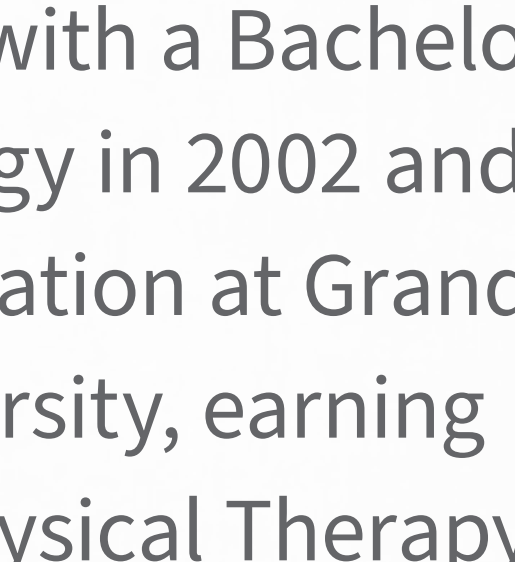
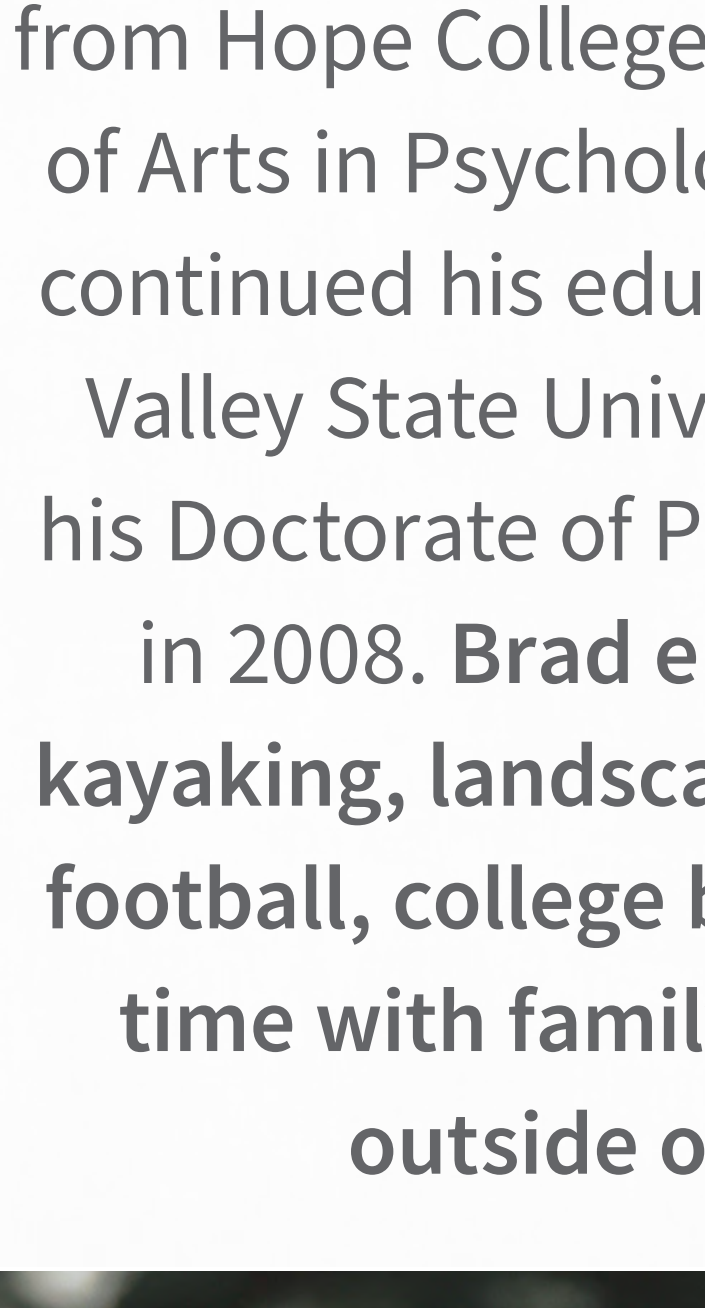
Makenna
VANDERKAM, PTA
BYRON CENTER CLINIC



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PHYSICAL THERAPY**



WELCOME TO THE TEAM



Brad
WHEELER, DPT

Makenna Vanderkam, PTA joined our Byron Center clinic in April. She graduated from Baker College of Owosso with her Associate's Degree as a Physical Therapist Assistant in 2024. Makenna enjoys reading, hiking, running, playing pickleball, and spending time with family and friends.

Brad Wheeler, DPT joined our @Home team in April. He graduated from Hope College with a Bachelor of Arts in Psychology in 2002 and continued his education at Grand Valley State University, earning his Doctorate of Physical Therapy in 2008. Brad enjoys hiking, kayaking, landscaping, baseball, football, college basketball, and time with family and friends outside of work.

RETURN TO RUNNING AFTER A WINTER OFF

NEW BLOG

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**BY: NICHOLE
EICKHOLT, MSPT**

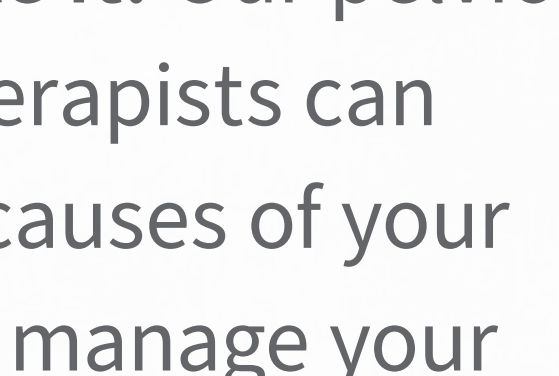
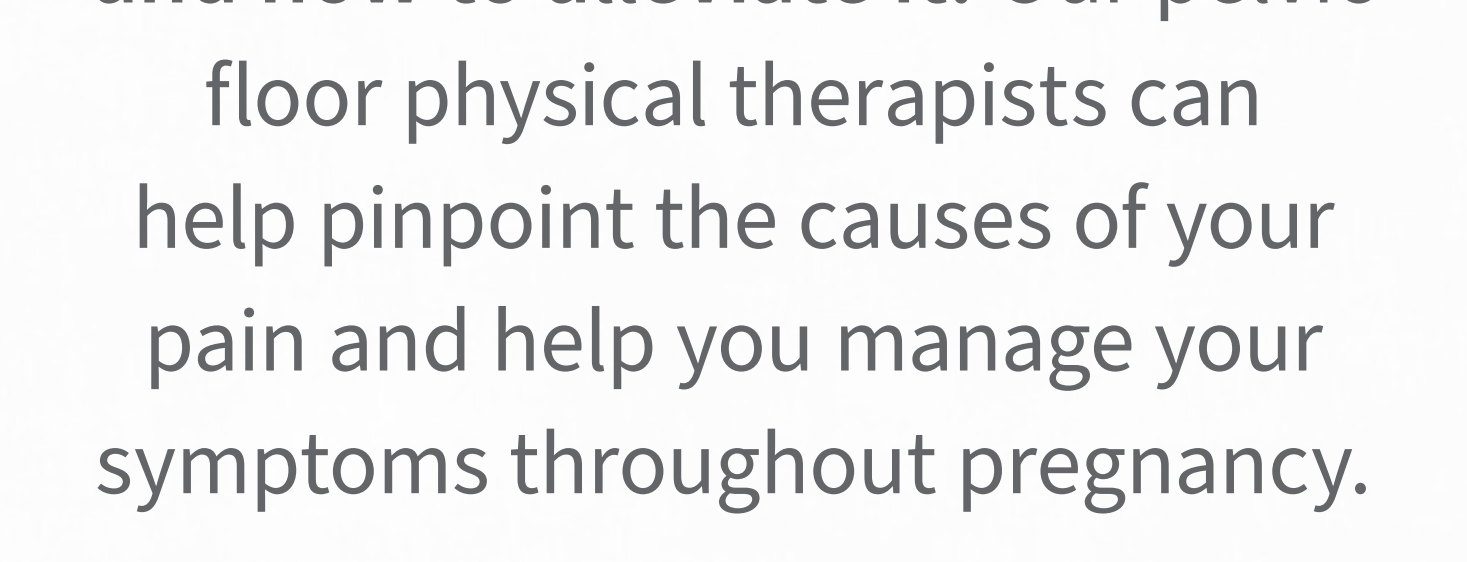


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PHYSICAL THERAPY**



Nichole Eickholt, MSPT shares 5 running tips! Follow these guidelines, especially when returning to running after taking the winter off.

READ BLOG



SIJ PAIN
in Pregnancy

NEW BLOG by Cassie Coatney, DPT

Experiencing pelvic pain during pregnancy? Cassie Coatney, DPT explains why this pain occurs and how to alleviate it! Our pelvic floor physical therapists can help pinpoint the causes of your pain and help you manage your symptoms throughout pregnancy.

READ BLOG



@HulstJepsenPT