



HULST JEPSEN PHYSICAL THERAPY

DECEMBER 2024 NEWSLETTER

UPCOMING HOLIDAY HOURS

CHRISTMAS

TUESDAY, DEC. 24
OPEN UNTIL NOON

WEDNESDAY, DEC. 25
CLOSED

NEW YEAR

TUESDAY, DEC. 31
OPEN UNTIL NOON

WEDNESDAY, JAN. 1
CLOSED



CHARITY ORNAMENT SALE

CASCADE • GAINES TOWNSHIP • STANDALE • WYOMING



WOMEN AT RISK

INTERNATIONAL

WAR CHEST BOUTIQUE

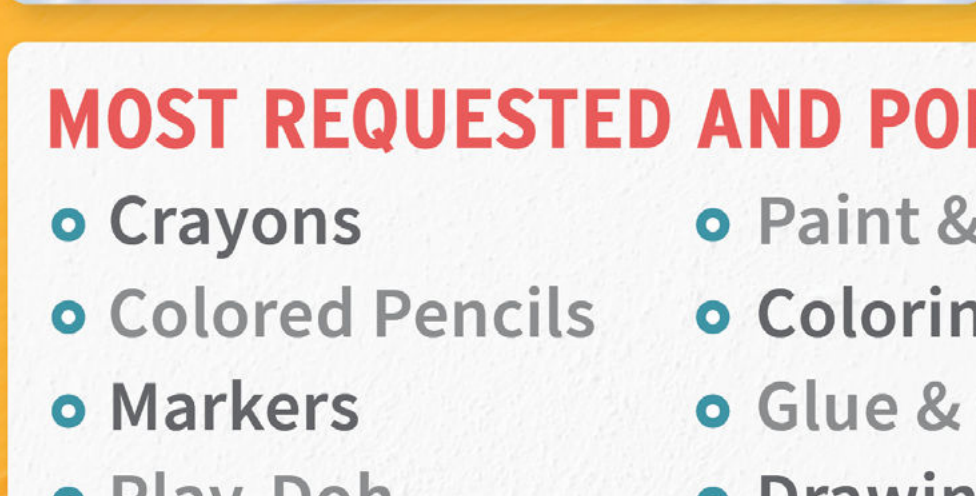
Beautiful, one-of-a-kind, ornaments are for sale at our Cascade, Gaines Township, Standale, and Wyoming clinic for the next few weeks! 100% of your purchase goes to Women At Risk International, a Michigan-based non-profit that provides a safe places to heal from abuse, trafficking, and exploitation.

Please visit warchestboutique.com to

learn more, donate, or SHOP ONLINE



HELP US SPREAD JOY
THROUGH THE POWER OF ART



MOST REQUESTED AND POPULAR ITEMS:

- Crayons
- Paint & Brushes
- Colored Pencils
- Coloring Books
- Markers
- Glue & Glue Sticks
- Play-Doh
- Drawing, Painting, or Construction Paper
- Kid Scissors

COLLECTING AT OUR GAINES TOWNSHIP CLINIC UNTIL DEC. 27

Our Gaines Township clinic (7169 Kalamazoo Ave. SE) is collecting art supply donations for Ben's Big Art Box until Friday, December 27!

Give the gift of art and all things creative to patients at Helen DeVos Children's Hospital in memory of their son, Ben, who loved art and passed away from cancer at age 6. Learn more and read Ben's story at bensbigartbox.org

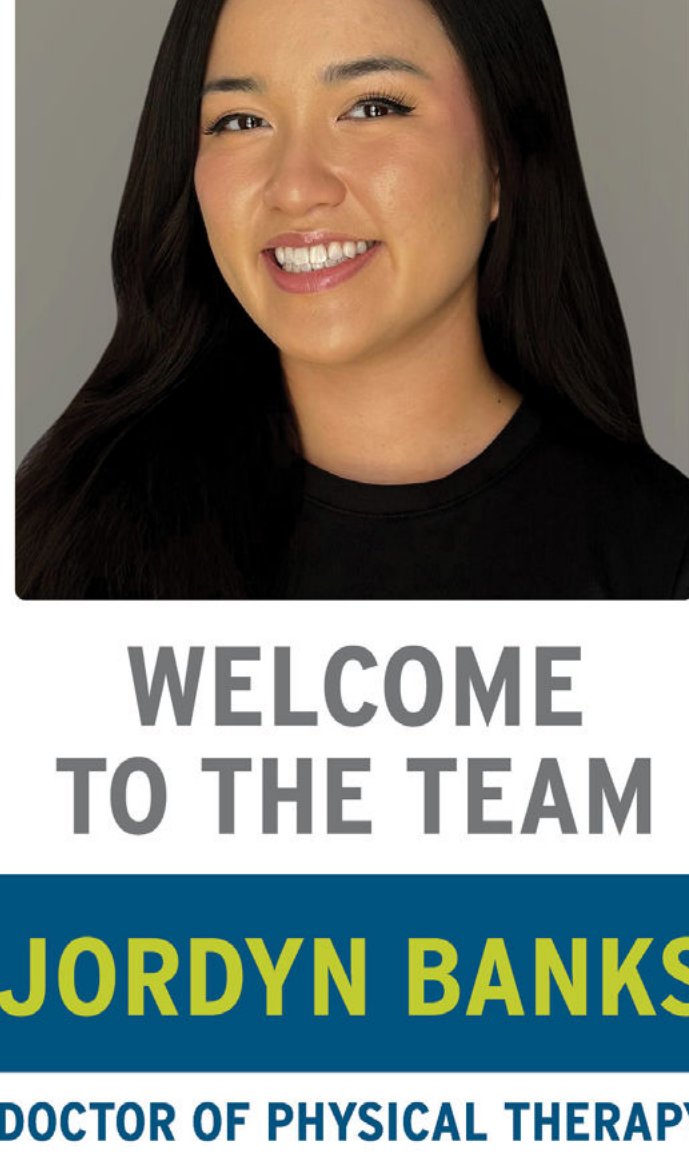
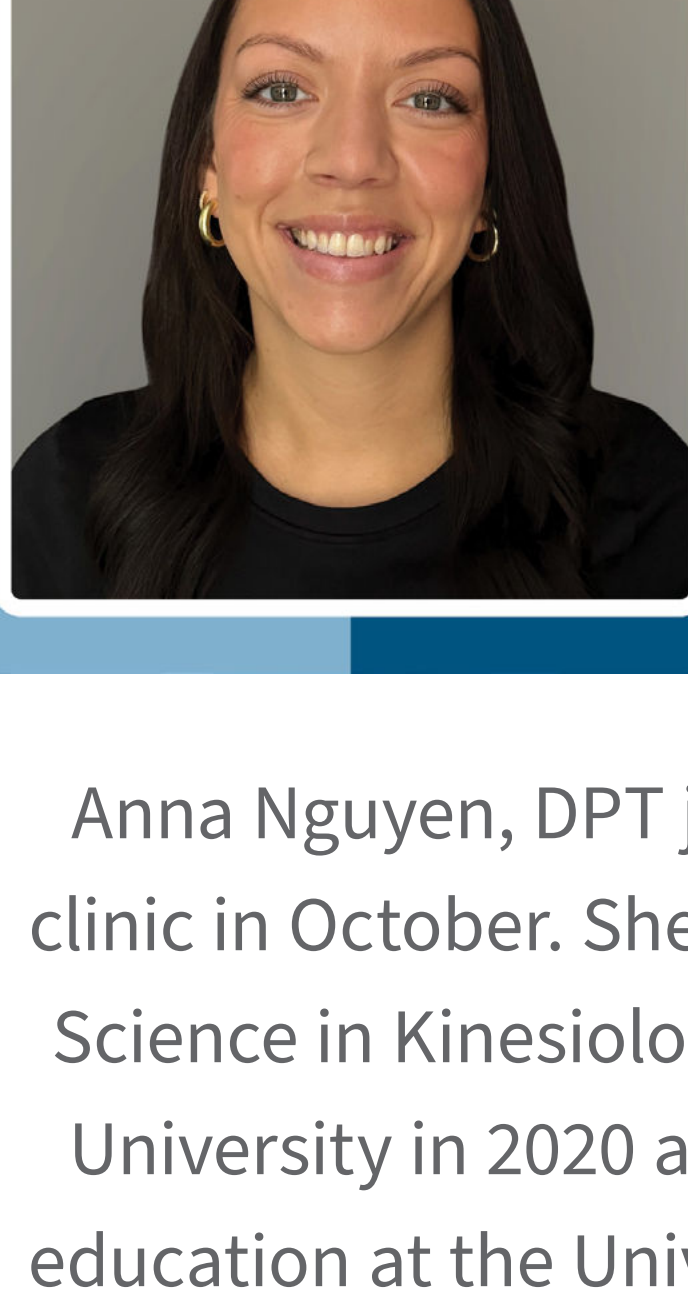
MEET OUR NEW THERAPISTS

hjphysicaltherapy.com/our-team

HUDSONVILLE

DOCTOR OF PHYSICAL THERAPY

ANNA NGUYEN



WELCOME
TO THE TEAM

JORDYN BANKS

DOCTOR OF PHYSICAL THERAPY

GRAND RAPIDS NE

Anna Nguyen, DPT joined our Hudsonville clinic in October. She obtained a Bachelor of Science in Kinesiology from Michigan State University in 2020 and then continued her education at the University of Michigan-Flint where she earned her Doctorate of Physical Therapy in 2024. Anna is a huge bookworm and loves all things fiction and non-fiction! In her free time, she enjoys lifting weights, being outdoors, traveling, trying new cuisines, and attending concerts and music festivals.

Jordyn Banks, DPT joined our Grand Rapids NE clinic in November. She received both a Bachelor of Science and a Master of Science in Exercise Science from the University of Indianapolis in 2021. Jordyn went on to earn her Doctorate of Physical Therapy from Grand Valley State University in 2024. In her spare time, Jordyn enjoys being active, attending sporting events, and spending time with family and friends.

READ OUR NEWEST BLOG!

hjphysicaltherapy.com/recent-news



NEW
BLOG

Have you ever tried an ice bath?

Alyssa Urhammer, DPT, CIDN shares her thoughts on taking an icy plunge!

4 MINUTE READ

