



**HULST JEPSEN**  
PHYSICAL THERAPY

# DECEMBER 2023 NEWSLETTER

## HOLIDAY HOURS

- FRIDAY, DEC. 22** OPEN UNTIL NOON
- MONDAY, DEC. 25** CLOSED
- FRIDAY, DEC. 29** OPEN UNTIL NOON
- MONDAY, JAN. 1** CLOSED

# Thank You

FOR SUPPORTING LOCAL



## THREE WAYS YOU CAN MAKE AN IMPACT THIS HOLIDAY SEASON:



### ANGEL TREE TOY DRIVE

COLLECTING UNWRAPPED NEW TOYS UNTIL DEC. 14



PARTICIPATING CLINICS

**GRAND RAPIDS NW AND GRANDVILLE**



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New, unopened gifts (along with their tags from our trees) can be dropped off at our Grandville clinic (5570 Wilson Ave SW) or Grand Rapids NW clinic (721 Three Mile Rd NW) until December 14th! This great event with The Salvation Army USA and WOOD TV8 helps provide toys this holiday season to local boys and girls in West Michigan!



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## CHARITY ORNAMENT SALE

CASCADE • GAINES TOWNSHIP • STANDALE • WYOMING



WOMEN AT RISK

INTERNATIONAL

**WAR CHEST**  **BOUTIQUE**

Beautiful, one-of-a-kind, ornaments are for sale at our Cascade, Gaines Township, Standale, and Wyoming clinics for the next few weeks! 100% of your purchase goes to Women At Risk International, a Michigan-based nonprofit that provides safe places to heal from abuse, trafficking, and exploitation. Please visit [warchestboutique.com](http://warchestboutique.com) to learn more, donate, or SHOP ONLINE.

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**GAINES TOWNSHIP CLINIC**  
7169 KALAMAZOO AVE SE, CALEDONIA



### MOST REQUESTED AND POPULAR ITEMS:

- CRAYONS
- COLORED PENCILS
- MARKERS
- PLAY-DOH
- KID SCISSORS
- PAINT AND BRUSHES
- COLORING BOOKS
- GLUE AND GLUE STICKS
- DRAWING, PAINTING, OR CONSTRUCTION PAPER

COLLECTING AT OUR GAINES TOWNSHIP CLINIC UNTIL DEC. 29


Our Gaines Township clinic is collecting art supply donations for Ben's Big Art Box until December 29! They give the gift of art and all things creative to patients at Helen DeVos Children's Hospital in memory of their son, Ben, who loved art and passed away from cancer at age 6. Learn more and read Ben's story at [bensbigartbox.org](http://bensbigartbox.org)

## NEW 3D CAPTURED GAIT ANALYSIS



ASK YOUR THERAPIST

**RUN:DNA**

 [hjphysicaltherapy.com/3D](http://hjphysicaltherapy.com/3D)

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## NEW BLOG BENEFITS OF PHYSICAL THERAPY

Scott DeVries, MSPT talks about the many benefits of receiving convenient and personalized care from Hulst Jepsen Physical Therapy!

6 MINUTE READ

 @HulstJepsenPT