

DECEMBER 2022 NEWSLETTER

HOLIDAY HOURS

FRIDAY, DEC. 23OPEN UNTIL NOONMONDAY, DEC. 26CLOSEDFRIDAY, DEC. 30OPEN UNTIL NOONMONDAY, JAN. 2CLOSEDHAPPY RETIRE KENT, JOHN!



John Jepsen, the "Jepsen" of Hulst Jepsen Physical Therapy retired from our practice last month after 21 fulfilling years. John joined Tom Hulst in 2001 and together they led the company until 2017 when John sold his ownership to

our clinic managers and stepped away from his leadership seat to focus on treating patients at a scaled-back schedule.

John had a significant impact on our team and had a loyal patient following here at Hulst Jepsen Physical Therapy due to his warm sincerity, compassionate empathy, and sense of humor combined with his strong faith and commitment to prayer. We will miss his funny and compelling storytelling and the way his presence made us feel loved.

We're confident John will continue touching lives in a positive way with his next adventures which may include mentoring young men and working with charitable organizations. We're sure there will also be some fishing, hunting, treks into the wilderness, and USC football involved. Thank you for everything, John. You will be missed.

MEET OUR NEWEST THERAPISTS



Lindsay Straw

Lindsay Straw, DPT is a licensed physical therapist at our Cedar Springs clinic where she was previously a physical therapy tech while earning her Doctorate in Physical

Therapy from GVSU. She's excited to combine her degrees and clinical experience to help make a positive impact in her patients' lives. When Lindsay is not at work she enjoys playing soccer, running, walking her German Shepherd, boating, and spending time with her fiancé and high school sweetheart, Anthony.

Melissa Stebbins

Melissa Stebbins, DPT, OCS is a licensed physical therapist and orthopedic clinical specialist at our Lowell clinic. She attended Northeastern University in Boston



where she received both her Bachelor of Science in Rehab Science in 2007 and her Doctorate in Physical Therapy in 2008. After graduation, Melissa worked in an outpatient orthopedic setting in the Boston area where she worked under 8 Orthopedic surgeons and 4 physician assistants. This allowed her unique access to provide care to mainly post-surgical patients and sports-related injuries. In her spare time, she enjoys being outdoors with her husband and daughter, crafting, baking, and riding her Peloton.

WELCOME TO THE TEAM!

CHECK OUT OUR LATEST BLOGS



ENDOMETRIOSIS AND THE BENEFITS OF PELVIC FLOOR PHYSICAL THERAPY

"Can a pelvic floor therapist help women who suffer from Endometriosis?...." Sarah Ayotte, DPT

BRAIN MAPS

"Did you know that our brains have maps of our body?... Let's talk about the importance of these brain maps to pain, health, and the way we

move..."

Sarah Johnson, DPT



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