

THANK YOU, JENN!



Hulst Jepsen Physical Therapy @HOME founder and patient favorite, Jenn Edwards, retired last week.

Jenn combined her clinical expertise, empathy, compassion, and faith to build our @HOME program from the ground up.

Jenn started our @HOME program which brings everything you love about Hulst Jepsen Physical Therapy to your home when healing at a clinic is not an option. After graduating from Grand Valley State University, Jenn continued her education to better serve her community with skills in geriatric orthopedics and neurology, strength training in the elderly, joint replacements, and treatment for Parkinson's.

Thank you for everything, Jenn! With your extensive experience in working with the geriatric population and over 30 years of in-home care, you were an absolute blessing to our team and the local community. You sow goodness into the world and left a legacy of amazing home-based care in West Michigan. Best wishes in your retirement and whatever challenges you tackle next. Your legacy will live on!

UPCOMING EVENTS

hjphysicaltherapy.com/upcoming-events

AUGUST IN ADA

FRIDAY, AUGUST 5

We are proud to sponsor August in Ada! The Michigan summer is a great time to come together and celebrate our vibrant community.



Come enjoy a petting zoo, inflatable slide, Fowling, kid's activities, music, and local emergency vehicles! Plus Chick-fil-A and Kona Ice food trucks! This event is FREE! Visit the events page listed above for more information.

INJURY WISE CLINIC

AUGUST 2 AND 16

Come to Gazelle Sports in Downtown GR for a one-on-one with a sports medicine professional from Hulst Jepsen Physical Therapy to discuss your running injury concerns! No appointment necessary for a FREE session. Clinic runs from 6 - 7pm. Call 616-828-4665 with questions! Visit the events page listed above for more info.



MEET OUR NEW PHYSICAL THERAPISTS



NICKY GHAREEB, DscPT

Nicky Ghareeb is a licensed physical therapist at our Rockford clinic. Nicky has over 30 years of experience as a physical therapist. Nicky is committed to returning her patients to their previous

level of function by designing individualized programs. In her spare time, Nicky enjoys traveling internationally, spending time the lake, yard work, snowshoeing, and spending time with her family.



EILEEN KISHMAN, PT

Eileen Kishman is a licensed physical therapist at our Pelvic Rehabilitation Center in Hudsonville. Eileen was one of the first therapists in Grand Rapids to treat women's health patients.

She also taught post-mastectomy classes at Gilda's Club. Eileen was an adjunct faculty member at Grand Valley for ten years, instructing the students in women's health physical therapy. In her spare time, she enjoys exercise, reading, the lake, and spending time with her husband, daughter, and friends.

WELCOME TO THE TEAM!

CHECK OUT OUR LATEST BLOGS



PRAYER AND PHYSICAL THERAPY

"One of my earliest memories as a PT student observing at a clinic was when a physical therapist, who had a fabulous reputation... offered to pray with a patient who was struggling with pain..."

- John Jepsen, MSPT



WHAT IS BLOOD FLOW RESTRICTION?

"One of the things I love about working at Hulst Jepsen

Physical Therapy is the importance we place on continuing education. We were able to take a course on blood flow restriction training..."

- Andrew Bult, DPT