



HULST JEPSEN PHYSICAL THERAPY

Frequently Asked Questions

What should I expect at my Initial Evaluation appointment?

1. Wear comfortable clothes.
2. Plan on approximately 45 minutes to 1 hour at our office.
3. You will complete paperwork for approximately 10 minutes prior to meeting with a therapist.

Do I need to bring anything to my Initial Evaluation appointment? Yes (see also checklist)

1. Your current insurance card(s).
2. Your physician/surgeon referral paperwork.
3. Your drivers license.
4. Basic health history knowledge and a general idea of your insurance coverage(s). Feel free to contact your insurance company by calling the number on the back of your insurance card(s).
5. If you have a list of current medications, please bring that as well.

As a courtesy, our office staff will verify your insurance benefits. Any coverage information we receive and provide to you as a courtesy is not a guarantee of your benefit coverage.

What is manual therapy?

- Hands on, one on one work with your therapist.
- Improving flexibility of muscles, mobility of joints, and restoring structural symmetry and alignment as a result of injury, instability or muscular imbalance.

What do the initials behind my therapists name stand for? and What are the differences?

- M.S.P.T. = Master of Science in Physical Therapy
- M.P.T. = Master in Physical Therapy
- D.P.T. = Doctor of Physical Therapy
- P.T.A. = Physical Therapy Assistant
- Aide = Physical Therapy Aide (assists PT & PTAs with patient care)

- Cert. MDT = Certified in the McKenzie Method
- MBA = Masters in Business Administration